

## Co-Curricular Activities – 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<b>BEFORE SCHOOL</b> <a href="#">7-12 Sprints</a> <a href="#">7-9 Jun. Performance Dance</a> <a href="#">7-12 Strength &amp; Conditioning</a> <a href="#">4-6 Rugby</a> <a href="#">2-8 Soccer (football)</a>	<b>BEFORE SCHOOL</b> <a href="#">7-12 Rugby</a> <a href="#">3-12 Cross Country</a> 5-12 Cricket tbc <a href="#">7-12 Senior Concert Band</a> <a href="#">7-12 Dance Sec. Technique</a> <a href="#">5-12 Academic Support *</a>	<b>BEFORE SCHOOL</b> <a href="#">3-6 Sprints</a> <a href="#">2-8 Tennis (Belrose)</a> <a href="#">9-10 Elite Surfing</a> <a href="#">10-12 Sen. Performance Dance</a> <a href="#">7-12 Recr. Hip Hop Dance</a> <a href="#">7-12 Senior Percussion Ensemble</a> <a href="#">8-12 Rock Band 1, 2 or 3 tbc</a>	<b>BEFORE SCHOOL</b> <a href="#">3-12 Swimming Squad bus</a> 5-12 Cricket tbc <a href="#">7-12 Senior Jazz Ensemble</a> <a href="#">7-12 Contemporary Vocal Ens.</a> <a href="#">3-6 Prim. Extension Band (8:30am)</a> <a href="#">7-12 Rugby</a> <a href="#">3-12 Cross Country</a> <a href="#">5-12 Academic Support *</a>	<b>BEFORE SCHOOL</b> <a href="#">7-12 Strength &amp; Conditioning</a> <a href="#">7-8 Elite Surfing</a> <a href="#">K-2 Sprints</a> <a href="#">7-12 Sec. Musical Theatre Dance</a> <a href="#">8-12 Rock Band 1, 2 or 3 tbc</a> <a href="#">K-3 Craft/Art</a>
<b>LUNCHTIME</b>	<b>LUNCHTIME</b> <a href="#">K-6 Primary Choir</a> <a href="#">7-12 Chapel Band</a> <a href="#">7-8 Academic Support *</a>	<b>LUNCHTIME</b> <a href="#">8-12 Rock Band 1, 2 or 3 tbc</a> <a href="#">3-6 Primary Percussion Ensemble</a> <a href="#">7-12 Senior String Ensemble</a>	<b>LUNCHTIME</b> <a href="#">9-10 Academic Support *</a>	<b>LUNCHTIME</b> <a href="#">7-12 CRU</a> <a href="#">7-12 Senior Sax Ensemble</a> <a href="#">7-12 Guitar Ensemble tbc</a>
<b>AFTER SCHOOL</b> <a href="#">5-12 Academic Support *</a> <a href="#">K-3 Recreational Dance</a> <a href="#">4-6 Recreational Dance</a>	<b>AFTER SCHOOL</b> <a href="#">2-8 Tennis (Belrose)</a> <a href="#">7-12 Robotics</a> <a href="#">5-12 Academic Support *</a> Musical Rehearsals (Term 1)	<b>AFTER SCHOOL</b> <a href="#">1-6 Primary Musical Theatre</a> Musical Rehearsals (Term 1)	<b>AFTER SCHOOL</b> <a href="#">3-6 Drama</a> <a href="#">7-8 Drama Club</a> <a href="#">9-12 Theatresports</a>	<b>AFTER SCHOOL</b> <a href="#">2-8 Tennis (Belrose)</a>  <hr/> One-off workshop: <a href="#">10-11 Car Maintenance Workshop</a> - Date TBA

From the start of 2025, all registrations for weekly co-curricular activities are “opt-out”: your registration is effective for the full 2025 school year, while you can withdraw your child as per the end of each term.

In Term 1 only, ALL weekly Co-Curricular activities commence in Week 3 of term, unless expressly stated otherwise.

\* Opportunity for students in Years 5-12 to study and work on assignments with the support from an NBCS staff member.