

## Co-Curricular Activities – 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>BEFORE SCHOOL</b></p> <p><a href="#">7-12 Sprints</a>  <a href="#">7-9 Jun. Performance Dance</a>  <a href="#">7-12 Strength &amp; Conditioning</a>  <a href="#">4-6 Rugby</a></p>	<p><b>BEFORE SCHOOL</b></p> <p><a href="#">7-12 Rugby</a>  <a href="#">3-12 Cross Country</a>  5-12 Cricket tbc  <a href="#">5-12 Academic Support *</a>  <a href="#">7-12 Dance Sec. Technique</a>  <a href="#">7-12 Senior Concert Band</a></p>	<p><b>BEFORE SCHOOL</b></p> <p><a href="#">4-6 Sprints</a>  <a href="#">2-8 Tennis (Belrose)</a>  <a href="#">9-10 Elite Surfing</a>  <a href="#">10-12 Sen. Performance Dance</a>  <a href="#">7-12 Recr. Hip Hop Dance</a>  <a href="#">7-12 Senior Percussion Ensemble</a>  <a href="#">8-12 Rock Band 1, 2 or 3 tbc</a></p>	<p><b>BEFORE SCHOOL</b></p> <p><a href="#">3-12 Swimming Squad bus</a>  5-12 Cricket tbc  <a href="#">7-12 Senior Jazz Ensemble</a>  <a href="#">7-12 Contemporary Vocal Ens.</a>  <a href="#">3-6 Prim. Extension Band (8:30am)</a>  <a href="#">7-12 Rugby</a>  <a href="#">3-12 Cross Country</a>  5-12 Academic Support *</p>	<p><b>BEFORE SCHOOL</b></p> <p><a href="#">7-12 Strength &amp; Conditioning</a>  <a href="#">7-8 Elite Surfing</a>  <a href="#">K-3 Sprints</a>  <a href="#">7-12 Sec. Musical Theatre Dance</a>  <a href="#">8-12 Rock Band 1, 2 or 3 tbc</a>  <a href="#">K-3 Craft/Art</a></p>
<p><b>LUNCHTIME</b></p>	<p><b>LUNCHTIME</b></p> <p><a href="#">5-6 Primary Chamber Choir</a>  7-12 Chapel Band  <a href="#">7-8 Academic Support *</a></p>	<p><b>LUNCHTIME</b></p> <p><a href="#">8-12 Rock Band 1, 2 or 3 tbc</a>  <a href="#">3-6 Primary Percussion Ensemble</a>  <a href="#">7-12 Senior String Ensemble</a></p>	<p><b>LUNCHTIME</b></p> <p><a href="#">K-6 Primary Choir</a>  7-12 Senior Sax Ensemble  <a href="#">9-10 Academic Support *</a></p>	<p><b>LUNCHTIME</b></p> <p>7-12 CRU  <a href="#">7-12 Guitar Ensemble tbc</a></p>
<p><b>AFTER SCHOOL</b></p> <p><a href="#">5-12 Academic Support *</a>  <a href="#">K-3 Recreational Dance</a>  <a href="#">4-6 Recreational Dance</a></p>	<p><b>AFTER SCHOOL</b></p> <p><a href="#">2-8 Tennis (Belrose)</a>  <a href="#">7-12 Robotics</a>  <a href="#">5-12 Academic Support *</a>  Musical Rehearsals (Term 1)</p>	<p><b>AFTER SCHOOL</b></p> <p><a href="#">1-6 Primary Musical Theatre</a>  Musical Rehearsals (Term 1)</p>	<p><b>AFTER SCHOOL</b></p> <p><a href="#">3-6 Drama</a>  <a href="#">7-8 Drama Club</a>  <a href="#">9-12 Theatresports</a></p>	<p><b>AFTER SCHOOL</b></p> <p><a href="#">2-8 Tennis (Belrose)</a></p> <hr/> <p>One-off workshop:  <a href="#">10-11 Car Maintenance Workshop</a> -  Date TBA</p>

From the start of 2025, all registrations for weekly co-curricular activities are “opt-out”: your registration is effective for the full 2025 school year, while you can withdraw your child as per the end of each term.

In Term 1 only, ALL weekly Co-Curricular activities commence in Week 3 of term, unless expressly stated otherwise.

\* Opportunity for students in Years 5-12 to study and work on assignments with the support from an NBCS staff member.