



FOREST LIONS JUNIOR AFL CLUB

SUMMER SKILLS SESSIONS @ Killarney Heights Oval

Weekly - Sunday February 13th to Sunday 20th March

All sessions free of charge – sausage sizzle and drink provided for all kids

Professional coaches – Tim Schmidt (ex Swans player, inaugural GWS Giants AFLW coach and Swans and GWS Academy coach) and his team from Kicking Dynamics will be providing the kids with training to improve their skills whatever their current level

Also a come and try AFL opportunity – bring along a friend or come and try AFL for the first time. We cater for all ages and skill levels, all kids are welcome.

AUSKICK (U5 to U7) and U8 girls and boys at 3pm

U9, U10 boys and girls at 3pm

U11, U12, U13 Boys and U12 and U14 girls at 4pm

U14, U15, U17 boys and U16 and U18 girls at 5pm



For more information please visit our website at www.forestafl.com.au or contact us at president@forestafl.com.au