

North Met Secondary Zone Athletics Carnival Program

Convenor: Pacific Hills Christian School

Participating Schools
Covenant Christian School
Northern Beaches Christian School
Oxford Falls Grammar School
Pacific Hills Christian School
Wahroonga Adventist School

Monday 22nd June 2026

Blacktown International SportsPark

Rooty Hill

Time	Event	Age	BOYS	Event	Age	GIRLS
8.45am	21	12+MC	800m	99, 105	12+MC	Long Jump 1
	22	13	800m	100	13	High Jump 1
	23	14	800m	72	14	Shot Put 1
	24	15	800m	73	15	Discus 1
	25	16	800m	74	16	Javelin 1
	26	17	800m	75	17	Long Jump 2
	27	18	800m	76	18	Long Jump 2
9.15am	92, 98	12+MC	Long Jump 1	1	12+MC	800m
	93	13	High Jump 2	2	13	800m
	66	14	Shot Put 2	3	14	800m
	67	15	Discus 1	4	15	800m
	68	16	Javelin 2	5	16	800m
	69	17	Long Jump 2	6	17	800m
	70	18	Long Jump 2	7	18	800m
9.45am	49	12+MC	100m	71	12	High Jump 1
	50	13	100m	113	13	Long Jump 2
	51	14	100m	114	14	High Jump 2
	52	15	100m	101	15	Shot Put 2
	53	16	100m	102	16	Discus 1
	54	17	100m	103	17	Javelin 2
	55	18	100m	104	18	Javelin 2
10.15am	65	12	High Jump 2	29	12+MC	100m
	107	13	Long Jump 1	30	13	100m
	108	14	High Jump 1	31	14	100m
	94	15	Shot Put 1	32	15	100m
	95	16	Discus 1	33	16	100m
	96	17	Javelin 1	34	17	100m
	97	18	Javelin 1	35	18	100m
10.45am	77	12+MC	200m	43, 48	12+MC	Shot Put 1
	78	13	200m	133	13	Javelin 2
	79	14	200m	134	14	Long Jump 2
	80	15	200m	135	15	High Jump 2
	81	16	200m	115	16	Shot Put 2
	82	17	200m	116	17	Discus 1
	83	18	200m	117	18	Discus 1

Time	Event	Age	BOYS	Event	Age	GIRLS
11.25am	37, 42	12+MC	Shot Put 2	57	12+MC	200m
	126	13	Javelin 1	58	13	200m
	127	14	Long Jump 1	59	14	200m
	128	15	High Jump 1	60	15	200m
	109	16	Shot Put 1	61	16	200m
	110	17	Discus 1	62	17	200m
	111	18	Discus 1	63	18	200m
12.05am	118	12	1500m	132, 138	12+MC	Discus 1
	119	13	1500m	44	13	Discus 1
	120	14	1500m	45	14	Javelin 2
	121	15	1500m	46	15	Long Jump 2
	122	16	1500m	47	16	High Jump 2
	123	17	1500m	136	17	Shot Put 2
	124	18	1500m	137	18	Shot Put 2
12.45pm	125, 131	12+MC	Discus 1	85	12	1500m
	38	13	Discus 1	86	13	1500m
	39	14	Javelin 1	87	14	1500m
	40	15	Long Jump 1	88	15	1500m
	41	16	High Jump 1	89	16	1500m
	129	17	Shot Put 1	90	17	1500m
	130	18	Shot Put 1	91	18	1500m
1.25pm	139	12	400m	112	12	Javelin 1
	140	13	400m	15	13	Shot Put 2
	141	14	400m	16	14	Discus 1
	142	15	400m	17	15	Javelin 2
	143	16	400m	18	16	Long Jump 2
	144	17	400m	19	17	High Jump 2
	145	18	400m	20	18	High Jump 2
1.55pm	106	12	Javelin 2	146	12	400m
	9	13	Shot Put 1	147	13	400m
	10	14	Discus 1	148	14	400m
	11	15	Javelin 1	149	15	400m
	12	16	Long Jump 1	150	16	400m
	13	17	High Jump 1	151	17	400m
	14	18	High Jump 1	152	18	400m

Time	Event	Age	BOYS	Event	Age	GIRLS
2.30pm	153	12-14	4 x 100m Relay			
	154	Open 15-19	4 x 100m Relay			
2.45pm				155	12-14	4 x 100m Relay
				156	Open 15-19	4 x 100m Relay
3.00pm	Finish					