



Dear Parents

We are looking forward to sharing this specifically tailored opportunity with the students.

What to bring

Bring any paperwork you have not sent to Dive Centre Manly (medical form & eLearning statement),

NBCS will provide lunch and snacks each day. Please bring a swimsuit, a towel, sunscreen, and a hat. You must submit all the required paperwork to be able to dive.

Emergency Contact number – 0434 319 234

This number is only if you need to inform the school of an emergency or communicate urgent information to your child during the program. Staff within each program will call you directly if issues need parental attention.

The program is below. We are looking forward to sharing this specifically tailored opportunity with the students.

Kind regards,

Stewart van Bantum

Director of Co-Curricular

stewart.vanbentum@nbcs.nsw.edu.au

Thanks for choosing us for your Learn to Dive course! An exciting introduction to a different underwater world awaits you! We know you might be apprehensive about your course, but we promise to take great care of you. We have taught these courses for over 30 years and will ensure you finish as a happy, confident and excited diver!

The Important information that some students have not completed

Medical Form - Please complete via your PADI E-Learning profile. If you are not able to access it online, complete the form you can [find here](#) and send it to Dive Centre Manly info@divesydney.com.au

- A YES answer to any of the questions would indicate that you have a pre-existing condition that may need to be assessed by a doctor for you to dive.
- If you have no pre-existing conditions, diving in Australia does not require a dive medical.

You can visit your own doctor, or our local dive doctor in Manly is Dr Levenston at [South Steyne Medical Centre](#). Alternatively, you can find a dive physician by visiting www.spums.org.au.

Please note, if you require a medical and do not provide us with one in time for your course, unfortunately, there will be no refund, and you cannot participate in the course.

- Should you fail your dive medical, a refund minus a \$25 administration fee will be given. If you have already activated the e-learning account, this section of the course is non-refundable at the cost of \$200.

Safe Diving Practices, Statement of Understanding & Liability Release Forms

Please complete via your PADI E-Learning profile. If you need access to it online, complete the forms by [clicking here](#) and send it to Dive Centre Manly info@divesydney.com.au.

Photo - Log in to your PADI account and upload a photo to your account. This needs to be a clear headshot with no sunglasses or hats. Please note without an uploaded photo we cannot certify you.

Preparation for the program

For your comfort and the smooth running of the program, please stop by the shop by Thursday, 11th May, to confirm your wetsuit and boot size. Our shop is in the heart of Manly at 10 Belgrave Street.

1. Knowledge Development (This is the online component and **must be completed by Thursday, 11th May**)

You must complete all six sections, including all knowledge reviews, quizzes and the final assessment, before the start of your course. Unfortunately, **you will be unable to start your course if this has not been completed**, and may forfeit your course fee. If you're experiencing any technical issues with your eLearning you'll find some answers [here](#).

Daily program

Day 1 - Monday 15th May - Confined Water Dives

- **Meet at 9:00 am at Terrey Hills Swim centre** - <https://goo.gl/maps/FDtcBymcqZqjq4A16>

Session starts @ 9:30am - 3:30pm (including lunch break)

This is what it's all about – diving. You'll develop basic scuba skills in the pool. The basic scuba skills you learn during your certification course will help you become familiar with your scuba gear and become an underwater explorer. Some of the essential skills you learn include:

- Setting up your scuba gear.
- How to clear water out of your mask.
- Entering and exiting the water.
- Buoyancy control.
- Basic underwater navigation.
- Safety procedures.

You'll practice these skills with an instructor until you're comfortable. When you're ready, it's time for your underwater adventure to begin at an open water dive site.

Day 2 & 3 - Tuesday 16th May & Wednesday 17th May - Open Water Dives

- **Meet at 8:45 am at Manly Life Saving Club** - <https://goo.gl/maps/Mhtt8U49aYA3LBnX9>

Students will walk around to Shelley beach for 9:30 am - 2:00 pm Dives (TUESDAY - Dives 1 & 2 of the Open Water Course, WEDNESDAY - Dives 3 & 4 of the Open Water Course)

2.30 pm Leave Shelly Beach to walk back to Manly Surf Club

After your confined water dives, you'll head to "open water" where you and your instructor will complete your compulsory training over four dives, over two days. On these dives you'll get to explore the underwater world. You'll apply the skills you've learned in confined water while enjoying what the local environment has to offer.

Day 4 & 5 - Thursday 18th May

- **Meet at 8:45 am at Manly Life Saving Club** - <https://goo.gl/maps/Mhtt8U49aYA3LBnX9>
- **9:30 am - 2:30 pm 2 Ocean Dives** - **Site to be confirmed**

At the end of your 5 days, you will be a certified PADI Junior Open Water Scuba Diver and will have gained your ticket to a lifetime of adventure. An instructor or Divemaster will lead these fun dives and allow you to see more of the fantastic underwater world surrounding you here on the Northern Beaches.

Divers under 18 - Please note that divers under 18 must have their medical and liability paperwork co-signed by a parent or guardian. We must receive all paperwork by Thursday, May 11th.

Your course will be lots of fun, but you will be tired. Ensure you get all your homework done in time and get an early night before the start to ensure you can get the most from your course.

If you would like to purchase your own Mask & Snorkel set before your course, please pop into the shop and introduce yourself to one of the team, they will be able to offer you a \$25 voucher towards our SCUBA Range.

We look forward to meeting you soon and introducing you to the underwater world!