

## **NBCS Secondary Inter House Cross Country**

## **Secondary Boys Inter House Cross Country Carnival Start Times and Distances**

Please note that start times listed are approximate and may alter slightly.

Age Group	Approximate Start Times	Distance
12 YRS	12.45pm	3 km
13 YRS	12.45pm	3 km
14 YRS	12.55pm	4 km
15 YRS	1.05pm	4 km
16 YRS	1.05pm	6 km
17 YRS	1.15pm	6 km
18 + YRS	1.15pm	6 km

## **Secondary Girls Inter House Cross Country Carnival Start Times and Distances**

Please note that start times listed are approximate and may alter slightly.

Age Group	Approximate Start Times	Distance
12 YRS	12:50pm	3 km
13 YRS	12:50pm	3 km
14 YRS	1:00pm	4 km
15 YRS	1:10pm	4 km
16 YRS	1:20pm	4 km
17 YRS	1:25pm	4 km
18 + YRS	1:25pm	4 km