

LUCID

SHORT FILM: EMILY BENNETT

The intention of my Major Work was to explore the proliferation of digital media that has cultivated an era where the lines between reality and fiction are increasingly blurred. Though we turn to social media to connect, it ultimately estranges us from ourselves and others and to reality itself. The purpose of LUCID is to allegorically represent this disconnect through the medium of lucid dreaming in order to expose the disintegration of the authentic self within a hypermediated world. More broadly, my film speaks to audiences who have a suspicion that the contours of existence extend beyond the dimensions of an iPhone screen, who are painfully aware that we are, in the words of Postman, “*amusing ourselves to death*.”