

Secondary Athletics Carnival PROGRAM

Years 7 – 9



2026

**Sydney Academy of Sport
and Recreation**

TIME	BOYS	GIRLS
8:15am	1500m	1500m
9:00am	12 yrs High Jump – Mat 1	12 yrs High Jump – Mat 2
	13 yrs Long Jump – Runway 1	13 yrs Long Jump – Runway 2
	14 yrs Discus – Cage 1	14 yrs Discus – Cage 2
	15 yrs Shot Put – Area 1	15 yrs Shot Put – Area 2
9:40am	12 yrs Long Jump – Runway 1	12 yrs Long Jump – Runway 2
	13 yrs High Jump – Mat 1	13 yrs High Jump – Mat 2
	14 yrs Shot Put – Area 1	14 yrs Shot Put – Area 2
	15 yrs Discus – Cage 1	15 yrs Discus – Cage 2
10:20am	12 yrs Shot Put – Area 1	12 yrs Shot Put – Area 2
	13 yrs Discus – Cage 1	13 yrs Discus – Cage 2
	14 yrs Long Jump – Runway 1	14 yrs Long Jump – Runway 2
	15 yrs High Jump – Mat 1	15 yrs High Jump – Mat 2
11:00am	12 yrs Discus – Cage 1	12 yrs Discus – Cage 2
	13 yr Shot Put – Area 1	13 yr Shot Put – Area 2
	14 yrs High Jump – Mat 1	14 yrs High Jump – Mat 2
	15 yrs Long Jump – Runway 1	15 yrs Long Jump – Runway 2
11:40am	Yr 12 v Staff race & HOUSE RELAYS (if time permits)	
12:00pm	12/13 Yrs 100m	
	14 Yrs 100m	
	15yrs 100m	
12:45pm	12/13 Yrs 200m	
	14 Yrs 200m	
	15yrs 200m	
1:30pm	12/13 Yrs 400m	
	14 Yrs 400m	
	15yrs 400m	
2:15pm	12/13 Yrs 800m	
	14/15 Yrs 800m	
2:45pm	CLEAN UP AND CLOSE	

Event times are approximate and may vary according to circumstances on the day.

There will be no finals – times/distances will determine your overall place in an event.

Competitive Runners will race in the first couple of heats followed by non-competitive runners.

Age groups are determined by the age the competitor turns this calendar year.

NBCS Secondary Athletics Carnival Records

		Boys		Girls	
800 metres	12yrs	M Dowling	2:37.81 (15)	A Mason	2.40.04 (04)
	13yrs	N Longster	2:21.69 (23)	E O'Reilly	2.33.69 (16)
	14yrs	S Rule	2:19.43 (98)	E O'Reilly	2.26.52 (17)
	15yrs	A Bartlett	2:15.52 (22)	E O'Reilly	2.19.95 (18)
	16yrs	C Wyatt	2:12.24 (18)	J Fitzgerald	2.28.65 (99)
	17yrs	W Atkinson	2:08.09 (16)	K Smit	2.34.64 (22)
	18+yrs	W Atkinson	2:07.89 (17)	K Smit	2.32.96 (23)
200 metres	12yrs	K Blakeman	28.29 (05)	E O'Reilly	29.60 (15)
	13yrs	M Mandra	24.54 (97)	J Maher	28.44 (19)
	14yrs	D Watkins	24.63 (12)	E O'Reilly	27.04 (17)
	15yrs	D Charlier	24.50 (19)	E O'Reilly	25.99 (18)
	16yrs	N Kennedy	23.41m (17)	E O'Reilly	27.30 (19)
	17yrs	W Hamilton	21.92 (00)	M Shipp	27.73 (18)
	18+yrs	W Hamilton	22.74 (01)	K Smit	27.81 (23)
400 metres	12yrs	M Dowling	1.08.65 (15)	E O'Reilly	1.09.81 (15)
	13yrs	D Charlier	59.95 (17)	E O'Reilly	1.05.93 (16)
	14yrs	D Charlier	56.42 (18)	E O'Reilly	1.02.12 (17)
	15yrs	D Charlier	56.63 (19)	E O'Reilly	59.88 (18)
	16yrs	N Kennedy	57.12 (17)	E O'Reilly	1.04.91 (19)
	17yrs	D Charlier	53.65 (21)	K Smit	1.03.87 (22)
	18+yrs	N Kennedy	55.08 (19)	Y Webster	1.05.17 (17)
	MC	F Bragg	1.11.37 (22)		
100 metres	12yrs	K Blakeman	13.60 (05)	L Wilkinson	13.75 (15)
	13yrs	S Fish	12.14 (90)	L Wilkinson	12.91 (16)
	14yrs	N Kennedy	11.97 (15)	L Wilkinson	13.26 (17)
	15yrs	N Kennedy	11.84 (16)	L Wilkinson	12.89 (18)
	16yrs	D Watkins	11.34 (10)	L Wilkinson	12.97 (19)
	17yrs	W Hamilton	10.69 (01)	M Shipp	13.09 (06)
	18+yrs	N Kennedy	11.57 (19)	K Rule	13.62 (17)
1500m	12yrs	H Parsa	5:54.61 (23)	A Mason	5:20:24 (14)
	13yrs	N Longster	5:04.30 (23)	R Cameron	5:34.26 (24)
	14yrs	N Longster	4:46.74 (24)	R Cameron	5:16.50 (25)
	15yrs			A Green	5:30:05 (13)
	16yrs				
	17yrs				
	18+yrs	W Atkinson	4.25.72 (17)	T Halliday	9.15:76 (24)
MC	F Bragg	5.49.81 (21)			
Long Jump	12yrs	J Ryan	4.44m (17)	P James	4.28m (10)
	13yrs	J Winston	5.49m (97)	S McDonald	4.80m (19)
	14yrs	D Charlier	5.20 (18)	C Winston-Booth	4.72m (16)
	15yrs	D Charlier	5.35m (19)	C Winston-Booth	4.97m (93)
	16yrs	D Murray	5.89m (07)	L Marland	5.10m (17)
	17yrs	S Fish	5.96m (95)	C Rule	4.85m (18)
	18+yrs	K Quan	6.05 (21)	C Rule	5.07m (19)
				C Rule	
High Jump	12yrs	B Hotchkies	1.40m (03)	A Bouveng	1.40m (19)
	13yrs	M Van Oosteram	1.58m(06)	E Parker	1.46m (13)
	14yrs	D Charlier/F	1.70m (18/24)	B Lawson	1.50m (22)
	15yrs	Keough	1.75m (19)	B Lawson	1.58m (23)
	16yrs	C Webster	1.76m (94)	M Siu	1.57m (21)
	17yrs	N Stevenson	1.87m (10)	M Rombouts	1.46m (03)
	18+yrs	J Allen	1.83m (17)	W McConaghy	1.48m (09)
		J Brown			
Discus	12yrs	B Wright	26.80m (11)	M Thompson	21.48m (24)
	13yrs	P Nol	28.19m (00)	G Wood	19.75m (18)
	14yrs	M Basson	37.77m (12)	C Winston-Booth	26.68m (16)
	15yrs	D Tait	33.40m (00)	C Winston-Booth	25.65m (17)
	16yrs	A Kings	35.78m (98)	C Winston-Booth	25.16m (97)
	17yrs	A Kings	34.85m (99)	C Winston-Booth	26.24m (94)
	18+yrs	B Hutchison	31.92m (22)	M Rombouts	23.20m (23)
				M Davies	
			G Wood		

Javelin	12yrs	M Cavanagh	25.23m (99)	A Wilmot	22.14m (11)
	13yrs	M Lloyd	27.72m (99)	J van der Merwe	21.08m (98)
	14yrs	E Jauncey	35.60m (24)	A Williams	28.67m (18)
	15yrs	E Jauncey	41.32m (25)	A Williams	32.25m (19)
	16yrs	R Tipton	40.30m (22)	I Charlier	31.49m (18)
	17yrs	C Dickson	43.71m (25)	A Williams	41.60m (21)
	18+yrs	R Tipton	41.50m (24)	J Hamilton	20.77m (14)
	Shot Put	12yrs	E Scali	9.70m (22)	K Allan
13yrs		J Hawkins	12.00m (17)	R Strong	8.98m (08)
14yrs		D Joiner	12.59m (98)	R Strong	9.26m (09)
15yrs		D Joiner	13.02m (99)	M Rombouts	9.94m (96)
16yrs		A Condor	12.76m (08)	R Hintze	9.57m (17)
17yrs		B Whitelaw	13.02m (08)	A Williams	10.94m (21)
18+yrs		J Hawkins	12.71m (22)	R Strong	8.78m (13)

Personal Results 2026

Name: _____

Event: _____

Time: _____

Name: _____

Event: _____

Time: _____

Name: _____

Event: _____

Time: _____

Name: _____

Event: _____

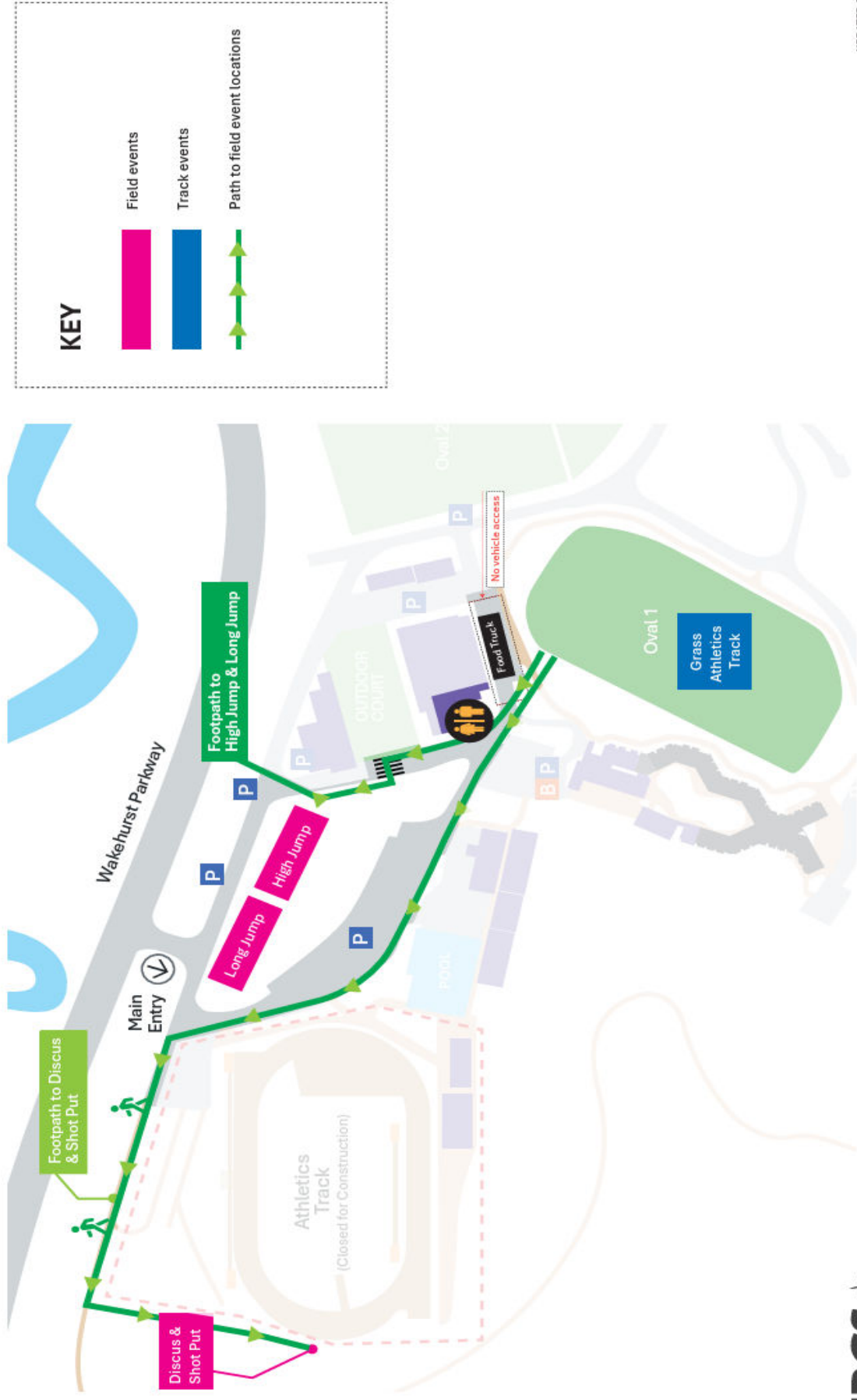
Time: _____

Name: _____

Event: _____

Time: _____

NBCS SECONDARY ATHLETICS CARNIVAL



KEY

- Field events (represented by a pink rectangle)
- Track events (represented by a blue rectangle)
- Path to field event locations (represented by a green line with arrows)

